



## Counselling Skills for Dietitians

By Judy Gable, Tamara Hermann

John Wiley Sons Inc, United States, 2016. Paperback. Book Condition: New. 3rd Revised edition. 242 x 171 mm. Language: English . Brand New Book. The third edition Counselling Skills for Dietitians has been fully revised and updated to reflect the recent developments, research and interests in the field. It explores the skills required for dietetic counselling, and includes frequent examples of dialogue from patient consultations, as well as exercises and activities so that the reader can undergo experiential learning relevant to their practice. \* Includes examples from daily practice to illustrate the difficulties encountered by dietitians and demonstrate the application of counselling skills \* Clearly explains theoretical models of accepted counselling practice underpinning the skills described \* Has been updated to include additional information on topics such as assertiveness skills and eating distress \* Addresses practical and psychological issues faced by dietitians and patients \* Includes the latest research evidence for counselling skills in dietetic practice \* Draws upon research evidence, theory and experience from the fields of psychotherapy and counselling \* Now provides access to a range of supportive online material including videos of consultations, case studies and resources for trainers.



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